

What I Wish Someone Had Told Me In Medical School About Nutrition

A PRESENTATION BY

MICHAEL KLAPER, MD



7 P.M. TUES. MAY 9, 2017

ALA WAI GOLF COURSE CLUBHOUSE

404 KAPAHULU AVE., HONOLULU (OAHU)

(AT END OF 0.2 MI. DRIVEWAY BETWEEN WAIKIKI-KAPAHULU LIBRARY AND GOLF COURSE—ACROSS FROM THE TEXACO STATION)

MAUI: 7 P.M. THURSDAY, MAY 4

CAMERON CENTER, 95 MAHALANI ST., WAILUKU

Although trained to diagnose and treat classic diseases like diphtheria and typhoid fever, Dr. Klaper has spent his long medical career “cleaning up the wreckage of the Standard American Diet.” In this entertaining lecture, the specific ways in which food can play a causative role in various diseases - as well as be used to help to cure them - are explored. Dr. Klaper is pleased to share this practical information with the health-aware public on Oahu and Maui and physicians, medical students, and other health professionals are particularly welcome.

VEGAN DINE-OUT WITH DR. MICHAEL KLAPER

6-8 P.M. WEDNESDAY, MAY 10 AT VEGAN HILLS

3585 WAIALAE AVE., HONOLULU. MUNICIPAL PARKING IN BACK.

MENU: TOMATO BISQUE

TWO AMUSE BOUCHE WITH GREEN SALAD

FRENCH STYLE BUCKWHEAT SAVORY CREPE WITH HERB POTATOES

CHOCOLATE MUD CAKE WITH FRUIT AND WHIP CREAM

COFFEE OR TEA

\$22 INCL. TAX & TIP. TO RSVP BY MAY 5,

CALL OR TEXT CAROL AT (808) 728-6639 BEFORE 9 P.M.

**JOIN US FOR GREAT CONVERSATION & A VEGAN DINNER WITH DR. KLAPER!
PAYMENT IS FOR MEAL PROVIDER, NOT VSH.**

Michael A. Klaper, MD, is a 1972 graduate of the University of Illinois College of Medicine in Chicago, with post-graduate training in internal medicine, surgery, anesthesiology, and orthopedics at the University of British Columbia hospitals in Vancouver, and obstetrics at the University of California, San Francisco.

Dr. Klaper has practiced acute care medicine in Hawaii, Canada, California, Florida and New Zealand. Far more fulfilling to him is his current practice, focusing on health-promoting food and lifestyle choices to help people stay out of hospitals and off of operating tables. A long-time radio host and a pilot, Dr. Klaper has served as nutrition advisor to NASA's programs for space colonists on the Moon and Mars.

To minimize suffering of all sentient beings, Dr. Klaper adopted a vegan diet and lifestyle in 1981. He currently practices nutritionally-based medicine at True North Health Center in Santa Rosa,

California.



Vegetarian Society of Hawaii

Join us!

For more info: call 944-VEGI (8344) or visit www.vsh.org.

**FREE Admission
& Refreshments**

Oahu and Maui lecture vegan refreshments courtesy of Down To Earth.