THE ROLE OF DIET IN PREVENTING, TREATING, AND REVERSING THE 15 LEADING CAUSES OF DEATH

A PRESENTATION BY MICHAEL GREGER, M.D.

Dr. Greger has scoured the world's scholarly literature on clinical nutrition and developed this brand-new presentation on the latest in cutting-edge research. Focusing on studies published just over the last year in peer-reviewed scientific medical journals, Dr. Greger offers practical advice on how best to feed ourselves and our families to prevent, treat, and even reverse our top 15 killer diseases.

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founding member of the American College of Lifestyle Medicine, Michael Greger, MD, is a physician, author, and internationally recognized speaker on nutrition, food safety, and public health issues. He has lectured at the Conference on World Affairs, testified before Congress, and was invited as an expert witness in the defense of Oprah Winfrey in the infamous "meat defamation" trial. He is a graduate of Cornell University School of Agriculture and Tufts University School of Medicine. Currently Dr. Greger serves as the Director of Public Health and Animal Agriculture at The Humane Society of the United States. Hundreds of his nutrition videos are freely available at NutritionFacts.org, with new videos uploaded every other dav.

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