

# THERE'S NO SUCH THING AS A FREE LUNCH

A PRESENTATION BY

**JOHN CADMAN**



**W**hat really are the true costs of the National School Lunch Program? John will shed some light on this and the challenges in trying to mass feed 30 million school children daily in this country. Come and learn about why this is the most popular yet flawed social welfare program in our nation's history.

**J**ohn Cadman is currently the Food Service Director for Kamehameha Schools Maui Campus. He served for 15 years as a Food Service Manager in both elementary and high school settings. He has six boys of his own, so feeding children is one thing he knows a lot about. Come and let him share his passion for feeding children with you.

**TUESDAY, DEC. 11, 7 P.M.**  
**ALA WAI GOLF COURSE CLUBHOUSE**  
**404 KAPAHULU AVE.**

(0.2 MI. BEHIND THE WAIKIKI-KAPAHULU LIBRARY -  
ACROSS FROM THE CHEVRON STATION)

Maui — Mr. Cadman will also be speaking on Maui on Thursday, December 13th, at 7 p.m., at Kaunoa Senior Center, 401 Alakapa Pl., in Paia.



**Vegetarian Society of Hawaii**

**Join Us!**

For more info call 944-VEGI (8344) or visit [VSH.org](http://VSH.org)

**FREE Admission &  
Refreshments**

Refreshments courtesy of Down To Earth.