



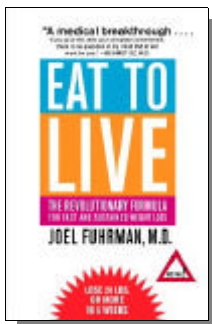
NUTRITION EXPERT & AUTHOR
JOEL FUHRMAN, MD
 PRESENTS
**“THE GREATEST DIET
 ON EARTH”**

- **ACHIEVE DRAMATIC WEIGHT LOSS AND REMARKABLE HEALTH BENEFITS**
- **REVERSE DISEASE AND LIVE LONGER**
- **LOSE WEIGHT HEALTHFULLY AND PERMANENTLY**
- **DON'T RISK YOUR HEALTH WITH DANGEROUS FAD DIETS**

Joel Fuhrman, M.D. is a board-certified family physician specializing in nutritional medicine. He is a graduate of the University of Pennsylvania School of Medicine and is a former member of the United States World Figure Skating Team. As one of the country's leading experts on nutritional and natural healing, Dr. Fuhrman has appeared in hundreds of magazines and on radio and television shows including Good Morning America, CNN, Good Day NY, the Food Network, and the Discovery Channel's Second Opinion with Oprah and Dr. Mehmet Oz. Dr. Fuhrman is the author of the recent best-selling book, *Eat To Live, The Revolutionary Formula for Fast and Sustained Weight Loss*.

**LOSE WEIGHT
 REVERSE DISEASE
 LIVE LONGER**

Dr. Fuhrman will be giving two more talks in Hawaii: “You Can Get Rid of Diabetes” lecture at Castle Medical Center in Kailua on Thursday, February 12 at 7 p.m. (registration required: 263-5400) and “The Greatest Diet on Earth” talk on Maui on Wednesday, February 11 at 7 p.m. at the Seventh-Day Adventist Church, 261 S. Puunene Ave. in Kahului.



SAT., FEB. 14, 2004, 7 P.M
MCCOY PAVILION
ALA MOANA BEACH PARK

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Castle Medical Center
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