



“Mad Cowboy” Howard Lyman

PRESENTS

“Mad Cow Disease: What You Need to Know”

Learn about the risk of “Mad Cow” disease in America, the diet of mad cows, and the diet of a mad society - the plain truth from the cattle rancher who won’t eat meat.

“It has just stopped me cold from eating another burger.”

Oprah Winfrey on her show with guest Howard Lyman

Howard Lyman has brought the issue of the dangers of eating beef to light like never before. A former cattle rancher-turned-vegetarian and food safety activist, in 1996 Lyman revealed to a national television audience how the cattle industry potentially exposed Americans to “Mad Cow” disease by feeding cows the remains of animals - including other cows. As a result of his remarks, Lyman was named a co-defendant with **Oprah Winfrey** in the infamous libel case brought by Texas cattlemen.

SATURDAY, APRIL 17, 2004, 7 P.M

HONOLULU CENTRAL SEVENTH-DAY

ADVENTIST CHURCH, 2313 NUUANU AVE

FREE Admission & Food Samples

Mr. Lyman will also be speaking on Maui on Wednesday, April 14 at 7 p.m. at the Seventh-Day Adventist Church, 261 S. Puunene Ave. in Kahului.



Vegetarian Society of Hawaii

Over 1500 Members Strong—Join Us!

For more info call 944-VEGI (8344) or visit VSH.org.



Caring For Your Health Since 1977

Castle Medical Center

